



Learning Activities

Helping educators with dynamic and engaging methods for teaching the Post Pandemic Empowerment Programme

www.prosper-project.eu

INTRODUCTION



The PROSPER EMPOWERMENT PROGRAMME is a vocational education and training (VET) focused intervention with a specific focus on Continuing Vocational Education and Training (CVET), a multidimensional, multistakeholder and multilevel interface between learning and the labour market. CVET's uniqueness for productivity is of valued relevance to SMEs.

Continuing vocational education and training (CVET) is 'education or training after initial education or entry into working life, aimed at helping individuals to improve or update their knowledge and/or skills; acquire new skills for a career move or retraining; continue their personal or professional development' (Cedefop and Tissot, 2014).

Beneficiaries of our PROSPER EMPOWERMENT PROGRAMME

Our PROGRAMME has been specifically developed for educators in the field of business and will include those who work with SME managers and support structures for SMEs.

- VET institutions. Vocational schools, Technical Institutes, or Training Centres that specialize in providing vocational education and training, be that public or private entities, who deliver training programmes, courses, and certifications that are relevant to specific industries or occupations.
- Networks of VET institutions – be that on a regional, national or EU level.
- Trainers. May work directly for VET organisations or operate as independent professionals. Typically have expertise in a particular field, e.g. productivity, sustainability, inclusivity or wellbeing – may not have cross discipline expertise.
- Management consultants provide expert advice and assistance to organisations in improving their performance, efficiency, and effectiveness. Within the context of VET, management consultants work with both VET organisations or individual businesses to enhance their training strategies, organisational development, or operational processes.
- Business mentors are experienced individuals who share their professional knowledge and lived expertise to help mentees overcome challenges, develop business skills, and achieve their goals.
- Business networks and skills organisations. Typically, entities that facilitate networking, collaboration, and knowledge-sharing among businesses within a specific industry or geographical area
- Chambers of Commerce. Local or regional associations that represent and support businesses in a particular area, offering a range of services to their members, including advocacy, networking opportunities, business support, and training.
- Business incubators include those offering hybrid work solutions for SMEs. Typically offer hire of physical workspace and more and more they are offering hybrid work solutions, combining physical and virtual workspaces, to cater to the needs of SMEs.

STRUCTURE



The PROSPER EMPOWERMENT PROGRAMME is realised as a set of **Open Education Resources (OERs)** that enable VET providers and individual business trainers to introduce structured, high-quality training to SMEs on the topic of healthy hybrid working and new management practices that favour digital wellbeing. Let us remind ourselves that OERs are..

- freely accessible educational materials that can be used, shared, and modified by individuals and institutions for teaching, learning, and research purposes. offer opportunities for open, inclusive, and accessible education, promoting the sharing of knowledge and empowering educators and learners.
- typically released under open licenses, such as Creative Commons licenses, that grant permissions beyond traditional copyright restrictions.
- developed in the principle of openness and flexibility in terms of how the resources can be utilised.
- accessible to anyone at no cost. They eliminate financial barriers to education by providing educational materials that can be freely obtained and used.
- open to customisation and localisation in that educators can tailor OERs to meet the specific needs of their learners, adapting content to suit local contexts, languages, and cultural references.
- Inclusive of various types of content, such as presentations, learner workbooks, teacher guides including lesson plans, videos, in-class interactive simulations, and reflective assessments.



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CONTENTS



The PROSPER EMPOWERMENT PROGRAMME Learning Activities are focused on 8 key subject matter areas

- 01** Maximising Digital Productivity in Hybrid Work

- 02** Effective Management of Hybrid Teams

- 03** Digital Wellbeing and Work-related Stress

- 04** Assessing and Managing Wellbeing in Hybrid Settings

- 05** Understanding and implementing digital inclusivity

- 06** EX in the Hybrid Workplace

- 07** Put sustainability at the hearth of hybrid work practices

- 08** Digital Sustainability – taking action



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